Helping Focus

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*This guide was created by the Psychology Department to help students think about future careers through courses, work/volunteer opportunities, and campus student organizations; however this is not an exhaustive list and students should visit their advisor at least once a semester as well as check out other campus offices dedicated to career exploration, such as The Exploration Center.
The Helping Fields

As you continue through your college years it becomes time to start thinking about long term careers. This can be a very difficult decision. Many students who major in Psychology do so because they “want to help people.” Fortunately, there are many different ways to help people both directly and indirectly. This section concentrates on the direct helping fields.

CAREERS

By choosing a helping field, you are probably interested in bettering your community and other people’s lives. This interest often outweighs the importance of prestige and salary. It is important to evaluate the exact reasons for entering this field as it can be both extremely rewarding and challenging at the same time. Below are some potential careers that are in direct service fields. This list is not all inclusive, but is meant to give you some ideas of areas that you might find yourself in down the road.

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<th>Potential Careers</th>
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<td>Psychologist*</td>
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<td>Recreation Director</td>
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<td>Residential Counselor</td>
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<td>Speech Pathologist*</td>
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<td>Teacher (HS/College)*</td>
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<td>Admissions Counselor</td>
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<td>Employment Counselor</td>
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* Careers that require additional training/education

FURTHER EDUCATION

If you want to continue your education beyond a Bachelor’s degree, several options exist.

PhD in Psychology: This degree is meant for students wanting to be a psychologist in a research or clinical setting. Students typically enter these programs directly from undergrad, although some may obtain a Master’s degree in Psychology prior to entering a PhD program to show faculty that they can excel at a higher level. PhD programs typically last 6-7 years including a dissertation, coursework and internship (if clinical). PhD programs are extremely competitive. When applying to PhD programs you are basically applying to work under a faculty member whose research area is in your interest. Some clinical PhD programs are more research intensive than others and it is important to look specifically into the programs you are interested in.

PsyD (Doctorate of Psychology): This degree is meant for students wanting to be a psychologist in a clinical setting. Students typically enter these programs directly from undergrad, although some may obtain a Master’s degree in Psychology prior to entering a PsyD program to show faculty that they can excel at a higher level. PsyD programs typically take 4 years to complete as they leave out the dissertation that PhD students have to complete. PsyD programs typically have more internship/practical experiences incorporated into their
curriculum. There are fewer PsyD programs in the country, and many of them are located at private schools.

**MS/EdS in Counseling:** These programs are meant for students wanting to do therapy, but don’t require the “Psychologist” title. Graduating with this degree will get you the title of “Counselor.” There are many different types of counseling including: community counseling, school counseling, higher education, marriage and family counseling, etc. Different areas may have different requirements. Typically these programs take between 1 and 3 years to complete, between 48 and 60 credits. Some programs have a thesis requirement whereas others have comprehensive exams.

**MSW (Masters of Social Work):** These programs are meant for students wanting to do social work. Please note that this can also include clinical social work in which a social worker is conducting therapy sessions. These programs focus slightly more on the policies and administrative issues within the social work world. Social work programs typically take 2 years to complete; however, if a student has an undergraduate degree in social work this can be reduced to 1 year. Students graduating with an MSW have flexibility of employment.

**MS in Rehabilitation Psychology:** Completion of this program results in the title of “Counselor.” Rehab psychology programs are very similar to the M.S. in counseling except the curriculum emphasizes people with disabilities more. Disabilities also include mental disabilities meaning psychological disorders will be studied as well. This type of program is meant for students interested in helping people with disabilities.

**MS in Occupational Therapy:** These programs are meant for students who want to improve individuals’ abilities in everyday tasks because they are suffering from some sort of mental, physical, developmental or emotional disabling condition. Students work extensively in the field to prepare themselves as a professional while enrolled in the Masters program. Occupational Therapy programs typically take about 2.5 years to complete, between 48 and 60 credits. In addition, individuals are expected to complete 6 months of supervised fieldwork before working in such settings as hospitals, school systems, and Birth to Three programs.

**MS in Physical Therapy:** These programs are meant for students interested in improving mobility and quality of life for individuals suffering from physical disabilities, injuries, or diseases. Before granting admission, many Master programs require volunteer experience in the physical therapy department of a hospital or clinic. After admittances, the program typically takes about 2 years to complete, between 48 and 60 credits, and requires supervised clinical work. Physical Therapists tend to work in a variety of settings such hospitals, rehabilitation centers, and schools and may specialize in such are as pediatrics and sports medicine in which they will be working directly with children and adolescents.

**MS in Student Affairs Administration/College Student Personnel:** These programs are designed to prepare prospective professionals for positions in student affairs administration in institutions of higher education. Coursework includes student development theory, group dynamics, philosophy of higher education, organization and administration of student affairs, multicultural issues, counseling theory and techniques, and research methods. Individuals are prepared to work as student affairs professionals in a variety of student settings, including residence life, student activities, Greek affairs, admissions, academic advising, orientation, and multicultural student programs.
PSYCHOLOGY COURSEWORK

Many counseling programs want students to have coursework in developmental and abnormal psychology. These courses will help you cover those requirements. Different programs have different requirements. If you are planning to go on to graduate school, look into the specific requirements of the programs you are interested in. These courses will also help you explore different areas within psychology with a bit of a more direct application to working with people.

**Psychology 411: Topics in Psychology (3 credits)**

Topics vary each semester. Relevant courses offered include Juvenile Delinquency, Adolescent Development, Fundamentals of Clinical Psychology, etc. Other relevant topics will be offered periodically as well. **Pre-Reqs:** Psych 225 & appropriate content course.

**Psychology 507: Psychology of Personality (3 credits)**

Organization and development of the personality. **Pre-Reqs:** Psych 201 or 202 or 281.

**Psychology 509 or 511 & 512: Abnormal Psychology (Neuroses and Psychoses) (3 credits each)**

A survey of the psychology of abnormal behavior; nature and social/biological origins of neurotic, psychotic, and other behavioral abnormalities. Psychology 509 has more general coverage of behavior pathology than Psych 511 or 512. **Pre-Reqs:** Psych 201 or 202 or 281.

**Psychology 522: Psychology of Women (3 credits)**

Examination of theories and research on the psychology of women. Explores topics such as the biological and cultural bases of the psychology of women; psychological aspects of female sexuality and reproduction; violence against women; female achievement and power; lifestyle choices of women; and women and mental health. **Pre-Reqs:** So st; Women St 102, 103 or 430; & a course in psych; or cons inst.

**Psychology 528: Cultural Psychology (3 credits)**

Cultural underpinning of psychological processes. The course will cover cultural influences on a wide range of psychological processes, including self-perception, motivation, relationship, cognition and perception, and will also deal with acculturation, within-cultural differences and cultural stability and change. **Pre-Reqs:** Psych 201 or 202 or 281.

**Psychology 530: Introductory Social Psychology (3-4 credits)**

Crosslisted with Sociology. The individual in a social context, including motivation, attitudes, conformity, communication, leadership, etc. **Pre-Reqs:** So st and Psych 201 or 202 or 281 or Soc 210 or Anthro 100, Grad students must have cons inst

**Psychology 560: Child Psychology 3-4 cr (S-I).**

Learning principles, motor, language, perceptual, and social development. Experimentation and systematic investigation of development in both human and sub-human species stressed. **Pre-Reqs:** Psych 201 or 202 or 281.

**Psychology 564: Adult Development and Aging**

Physical, cognitive, social, and personality development during the adult years. **Pre-Reqs:** Psych 201 or 202 or 281
ELECTIVE COURSEWORK

As the psychology major is only 34 credits and your breadth requirements are a maximum of 40 credits, which means you have plenty of time for elective coursework. Elective coursework can give you more specialized training that other students don’t have, which can give you an edge. It is important to work through elective coursework with an advisor to ensure that your selections are appropriate for your desired career path, but this list can give you a start. Additionally, these courses may fill breadth requirements for you. This list is not all inclusive- be sure to check the timetable to find other related coursework.

Communication Arts 260: Communication and Human Behavior (3 credits)
Concepts and processes relevant to the study of communication and human behavior including approaches to communication inquiry, the dynamics of face-to-face interaction, and the pragmatic and artistic functions of public communication. Pre-Reqs: Open to Fr. Not open to Seniors.

Communication Arts 272: Intro to Interpersonal Communication (3 credits)
Survey of concepts, theories, and research concerning communication across all phases of interpersonal relationships, focusing on both theoretical and practical applications. (273 does not fulfill comm. B requirement) Pre-Reqs: Open to Fr.

Communication Arts 273: Theory and Practice of Interpersonal Communication (3 credits)
Survey of concepts, theories, and research concerning communication across all phases of interpersonal relationships, focusing on both theoretical and practical applications. Does not satisfy the Com B requirement. Pre-Reqs: Open to Fr. Only one of the following courses may be taken for credit: Com Arts 272, 276, 273

Communication Arts 565: Communication and Interethnic Behavior (3 credits)
The relation of communication processes to interethnic and interracial attitudes and behavior. Social and psychological foundations of interethnic communication and conflict, group identification and communication processes, interpersonal communication and culture, communication about race and ethnicity, mass media content and effects. Pre-Reqs: Jr st or cons inst.

Communication Arts 568: Interpersonal Influence (3 credits)
The study of interpersonal influence is concerned with the ways that individuals use messages to bring about opinion and behavior change in others, primarily in dyadic interactions. Pre-Reqs: Com Arts 361 or cons inst

Communicative Disorders 110: Intro to Communicative Disorders (3 credits)
Disorders of communications and their treatment. Pre-Reqs: Open to Fr.

Counseling Psychology 650: Theory and Practice in Interviewing 3 cr (S-D).
Theoretical bases for conducting interviews; types of interviewing; introduction to counseling and interviewing techniques. Limited opportunity to practice. Pre-Reqs: Jr st.

Educational Psychology 301: Human Abilities and Learning (2-3 credits)
Principles and techniques of learning, individual differences in abilities. Pre-Reqs: So st.

Theories of stress and coping from sociological, psychological, and biosocial perspectives. Family functioning and child development issues in relation to normative and nonnormative stresses (e.g., divorce, bereavement, work, chronic illness). Pre-Reqs: 2 courses from any of the following disciplines: soc, psych, women's health.
HDFS 517: Couples Relationships (3 credits)
Examines the formation, maintenance and dissolution of premarital and marital relationships focusing on relationship processes including attraction, love, intimacy, power, and commitment. Students will become familiar with theories, research, and methodologies used to study features of and changes in intimate relationships. Pre-reqs: HDFS 363.

HDFS 663: Developmental and Family Assessment (3 credits)
Introduces students to the process of family-focused developmental assessment with infants and young children, including family interviewing, taking developmental histories, observing children, and developmental screening. Pre-reqs: HDFS 362 or equiv

Rehabilitation Psychology and Special Education (RPSE) 300: Individuals with Disabilities (3 credits)
An overview of the characteristics and problems of exceptional children and youth. Definition and classification systems, etiology of handicapping conditions, educational services, and adult adjustment. Current controversies and future trends. This is a service learning course. Pre-reqs: Open to Fr.

RPSE 330: Behavior Analysis: Applications to Persons with Disabilities (3 credits)
Children with exceptional learning and behavior characteristics (contrasting views and practices); a humanistic behavioral approach; development and evaluation of behavior change programs, classification and foundations of exceptional learning and behavior characteristics, and facilitating behavior change in different settings. Pre-reqs: RP&SE 300 & SPE or RPS or PSR.

RPSE 470: Individuals with Learning and Behavioral Disabilities (3 credits)
Provides basic and comprehensive information about biological, educational, sociological, cultural, economic and legal phenomena that impinge upon individuals with a wide array of learning and behavioral disabilities. Pre-reqs: RP&SE 300, So st or cons inst.

Social Work 422: The Social Problems of Aging and Old Age (3 credits)
Comparison of aging and the role of old people in various societies; age-grading and age-norms; the changing life cycle; factors that account for the changed position of the aged in our society; problems of the aged and proposed solutions. Pre-reqs: Jr st, intro soc crse or Soc Work 205

Social Work 453: Alcohol and Other Drug Abuse (2-4 credits)
Presentation of social, legal, political, and ethical considerations surrounding the use and abuse of alcohol and psychotropic drugs in the U.S. Pre-reqs: Jr st.

Social Work 640: Ethnic and Racial Groups (2-3 credits)
This course prepares students for generalist social work practice in a multicultural society. It discusses Afro-Americans, Hispanics, American Indians, and Asian Americans, and implications are drawn for social policy. Pre-reqs: Soc work/welfare major.

Definition, incidence, etiology, and prevention of mental retardation and other developmental disabilities. Examines the life-cycle needs of this population, as well as social-welfare issues, social services available, and the social worker's role. Pre-reqs: Jr st, soc work/welfare major.

Sociology 120: Marriage and Family (3-4 credits)
Nature of the family. Processes of courtship and marriage interaction. Correlation of physiological, psychological, economic, and sociological contributions to marriage and family life. Pre-reqs: Open to Fr.
Sociology 138: The Sociology of Gender (3-4 credits)
A sociological examination of the status and roles of women and men in society, including the experiences of marriage, parenthood, employment and occupational attainment, socialization into sex roles and cultural reinforcement of these. Attention will be given to both existing patterns and change in those patterns. Pre-Reqs: Open to Fr.

Sociology 200: Introduction to Lesbian, Gay, Bisexual and Transgender Studies (3 credits)
A multi-disciplinary introduction to lesbian, gay, bisexual, and transgender (LGBT) studies, including theories of identity formation, different societal interaction with LGBT communities, LGBT cultures in history, and contemporary legal and political issues. Pre-Reqs: Open to Fr.

Sociology 531: Sociology of Medicine (3 credits)
Cultural, social, and social psychological factors in disease processes, distribution of disease, social definitions of illness, and organization of the health professions and health facilities. Pre-Reqs: Jr st and intro course in soc or cons inst

Sociology 533: Public Health in Rural & Urban Communities (3 credits)
Sociological approaches to community, rural, and public health. Examines epidemiological evidence for and policy solutions to health issues that impact vulnerable populations in diverse geographic and social settings. Topics include mental health, environmental and occupational health, preventive care, substance abuse. Pre-Reqs: Jr st

Sociology 601: Sociology of Work, Family, and Gender (3 credits)
Examines the social issues and forces involved in the intersection of work, family, and gender. Considers how and why men’s and women’s experiences at work and at home differ, and how experiences in one realm affect experiences in the other. Pre-Reqs: Jr st & successful completion of intro soc/rur soc course.

Theatre 362: Drama in Education (3 credits)
Introduction to philosophy, methodologies, and practice of drama in education. Includes demonstrations and practice teaching with children. This is a service learning course working with children. Pre-Reqs: So st.

Understanding other cultures is another important aspect of the helping fields. For this reason, Afro-American Studies, American Indian Studies, Asian American Studies, Chicana/o & Latina/o Studies, Jewish Studies, Religious Studies and Women’s Studies are departments where you might find some beneficial elective coursework.

*This list is comprised of possible elective courses available to students at UW-Madison. There are many departments on campus that offer classes that could supplement the classes you have already taken, or the career path you are on. Check out the Course Guide for these and other classes that may be of interest to you and to see when they will be offered.*
RELATED MAJORS/CERTIFICATES WITHIN L&S

Some students will choose to double major or add a certificate with their elective coursework. This can be, but is not always, the best decision for all students. It can add a structured curriculum and opportunities only available for declared majors, but it can also prevent you from being able to fit additional useful elective coursework into your schedule. Be sure to talk with an advisor if you are interested in one of these, or another, second major or certificate.

Afro-American Studies (major)  Lesbian, Gay, Bisexual and Transgender Studies (certificate)
American Indian Studies (certificate)  Social Welfare (major)
Communication Arts (major)  Social Work (major)
Communication Sciences and Disorders (major)  Sociology (major)
Criminal Justice (certificate)  Teaching English as a Second Language (certificate)
Global Health (certificate)  
Gender and Women’s Studies (major or certificate)  
Gerontology (certificate)  

*Students interested in the helping fields may look within the School of Education or the School of Human Ecology for majors as well. However, the breadth requirements are different from those within L&S- look into this and meet with an advisor before changing schools or colleges.

*Current majors and certificates offered by each school or college can change at anytime, for an up-to-date list of all majors and certificates please check out the full list of majors and certificates here: [http://www.wisc.edu/academics/majors.php](http://www.wisc.edu/academics/majors.php)
RESEARCH

UW–Madison ranks as one of the most prolific research universities in the world. Driven by a desire to both explore new worlds and to apply new ideas to real-world problems, research at UW–Madison isn't conducted only by faculty, staff and graduate students. Undergraduate research opportunities also are fostered, making research a truly campus wide enterprise. (http://www.wisc.edu/research/)

Many psychology students choose to get involved in research during their undergraduate career. This is a great way to go more in depth into a certain area, get to know other students and graduate students, and have contact with faculty.

There are five categories of research within the department including Biology of Brain and Behavior, Clinical, Cognitive and Cognitive Neurosciences and Perception, Developmental, and Social and Personality. Students can take advantage of incredible research being performed in each of these categories. As undergraduate researcher assistants, students have the opportunity to see the research performed firsthand, as well as take part in the process. Involvement in research provides skills that apply to many career fields.

To get involved in Psychology research and see what the faculty are studying check out the Psychology Department website. Two documents list the different labs, what they are studying, requirements to join the lab, and how to contact the research lab.
www.psych.wisc.edu  ➔Undergraduate tab ➔Academics ➔Undergraduate Research Opportunities

*Please note there are other faculty around campus conducting research on children and adolescents. You are welcome and encouraged to seek them out if you are interested. Faculty prefer students contact them through different modes of communication- look on their websites for information on how to get involved.
VOLUNTEER/WORK OPPORTUNITIES

Below are some example organizations within the Madison area. Additional placements can be found through the UW Morgridge Center, www.morgridge.wisc.edu or www.volunteeryourtime.org. Volunteering and working in a field of interest is one of the best ways to test out that field and make sure that is what you truly want to do when you graduate, and gain great experience for your resume. Students are encouraged to get involved as early as possible.

Family and Kids
The YMCA of Dane County
The YMCA is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. Every day our impact is felt when an individual makes a healthy choice, when a mentor inspires a child and when a community comes together for the common good.
Website: http://www.ymcadanecounty.org/

Boys and Girls Club
Our mission is to be the leader in youth development programs by developing partnerships to produce positive outcomes for young people, families and communities.
Website: http://www.bgcdc.org/

McFarland Youth Center
The McFarland Youth Center is a community-based organization committed to middle level youth, families and community by providing a safe recreational and educational environment. By incorporating adult-supervised, youth oriented activities, the McFarland Youth Center promotes positive relationships by building and fostering developmental assets.
Website: http://www.mcfarlandyouthcenter.org/

Family Enhancement
Family Enhancement is a parent education and support agency providing skill building, support and a connection to resources for all families.
Web Site: http://www.familyenhancement.org

Madison School & Community Recreation
Madison School & Community Recreation (MSCR) is the public recreation provider for the residents of Madison (within the boundaries of the Madison Metropolitan School District). MSCR is a department of the Madison Metropolitan School District and is proud to have served the community for over 80 years as the one for fun in Madison! We have a wide range of recreation programs and services for all ages that are offered year-round.
Website: http://www.mscr.org/

Community/Non Profits
Canopy Center
The mission of Canopy Center is to prevent child abuse and neglect, strengthen families, and promote healing of those affected by abuse, through the provision of culturally competent and diverse professional, volunteer and peer services.
Website: http://www.canopycenter.org/

Domestic Abuse Intervention Services (DAIS)
Since 1977, DAIS has worked passionately and effectively to ensure the safety and well-being of domestic violence survivors and their families, and to change societal attitudes that perpetuate violence and the abuse of power.
Website: http://abuseintervention.org/

Race Crisis Center
To work with the Dane County community to eliminate sexual violence and victimization, and to enhance self-determination by providing a supportive, healing environment for those affected by the issue of sexual violence.
Website: http://www.danecountyrcc.org/

Youth Services of Southern Wisconsin
YSOSW provides innovative services dedicated to strengthening and improving the lives of youth, their families and our community.
Website: http://www.youthsos.org/

Journey Mental Health
The mission of Journey Mental Health Center, Inc. (JMHC) is improving the lives of people by pioneering and sustaining effective mental health and substance abuse services.
Website: http://www.journymhc.org/

Individuals with Disabilities and Rehabilitation Services
3 GAITs
Therapeutic horsemanship uses equine oriented activities to promote and enhance the development of each rider's cognitive, physical, and communicative abilities, and positive self-esteem. Three Gaits strives to serve all interested individuals within Dane County Wisconsin and the surrounding area.
Website: http://www.3gaits.org/

North/Eastside Senior Coalition
The mission of the North/Eastside Senior Coalition is to enhance the quality of life for all senior adults by providing programs, advocacy, and resources to assist them to remain independent, active, and influential in Madison's North and Eastside community.
Website: http://www.nescoinc.org

Muscular Dystrophy Association of Southwestern Wisconsin
The nonprofit organization dedicated to curing muscular dystrophy, ALS and related diseases. MDA also provides health care, advocacy and education.
Website: http://www.mdausa.org

Oakhill Correctional Institution through Community Connections
The mission of Oakhill Correctional Institution (OCI) is to maintain the safe and secure custody of minimum security offenders in a responsive, supportive, equitable and quality environment. Offenders will be provided opportunities for positive cognitive and behavioral development and progress through proven, cultural-competent programming and treatment. Opportunities also will be provided through fair, consistent and objective staff decision-making and performance.
Website: http://doc.wi.gov/families-visitors/find-facility/oakhill-correctional-institution

Higher Education
SOAR Peer Advisor
Peer Advisors will work collaboratively with professional advisors to help incoming freshmen and transfer students select and register for courses. Each Peer Advisor assists incoming students in small groups and individually. Check out each school or college’s website for specific information about applying to be a SOAR Peer Advisor.
Website: http://www.newstudent.wisc.edu/soar/
Center for Leadership and Involvement
   CFLI - your link to getting involved on campus and developing your leadership potential.
   Website: http://cfli.wisc.edu/index.htm

*This is not an exhaustive list of places to volunteer. These are examples for students to help students in their search for finding a meaningful and worthwhile volunteer experience. Students are strongly advised to check out both www.volunteeryourtime.org and www.morgridge.wisc.edu and the websites of the organizations to find the most current information about volunteer opportunities.
**STUDENT ORGANIZATIONS**

Involvement in student organizations is a great way to test out a field, meet people, and build your resume. The following student organizations are all related to the helping fields. You can also search for other student organizations for additional opportunities you might be interested in through the Wisconsin Involvement Network [www.win.wisc.edu](http://www.win.wisc.edu). Also, check out the Student Org Fair at the beginning of each semester.

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<th>Student Org</th>
<th>Organization’s Purpose</th>
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<td>Adventure Learning Programs (ALPs)</td>
<td>ALPs facilitate experiential activities that explore group potential in an environment that is physically and emotionally safe, challenging, and relevant to individuals, their groups, and human experience. ALPs challenges people through adventure-based learning to discover themselves and understand those around them.</td>
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<tr>
<td>Allied United for Health</td>
<td>Allied United for Health (AUH) is a student organization devoted to health education and outreach programming for both adults and children of the Allied Drive Community.</td>
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<td>American Red Cross Club of UW-Madison (ARC-UW Madison)</td>
<td>The purpose of The American Red Cross Club of UW-Madison is to provide students an opportunity to become involved with the American Red Cross on campus. We work to advocate and promote the causes of the national organization throughout Madison.</td>
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<tr>
<td>Badgers for Developmental Disability Awareness (BDDA)</td>
<td>The purpose of the club is to promote awareness and education of developmental disabilities, raise money for local programs, and learn about the great variety of professional careers within this population.</td>
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<td>Circle K International – UW Madison (CKI)</td>
<td>Circle K International is the largest collegiate service organization in the world with clubs in 17 countries and over 500 campuses. The organization was founded under the three tenets of service, leadership, and fellowship.</td>
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<td>Lion’s Club – UW Madison</td>
<td>Founded in 2005, this club strives to help our community through multiple projects, including (but not limited to) Savory Sunday, Ronald McDonald House and tutoring at Hamilton Middle School.</td>
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<td>MultiCultural Student Coalition (MCSC)</td>
<td>The MultiCultural Student Coalition is a coalition of students deeply committed to social justice and the principles of unity, integrity, responsibility and respect.</td>
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<td>NAMI UW-Madison (National Alliance on Mental Illness)</td>
<td>Our goals are to educate, advocate, and support students on matters of mental health. We educate by spreading the word about the reality of mental health. We advocate by trying to reduce the stigma of mental illness. We also hope to provide peer support.</td>
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<td>PAVE</td>
<td>To end sexual assault and dating violence through education and activism. (Promoting Awareness Victim Empowerment) PAVE stands for Promoting Awareness, Victim Empowerment. PAVE is a student organization dedicated to preventing sexual assault, dating violence and stalking through education and activism. We reach out to students through our</td>
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<td><strong>Psi Chi</strong></td>
<td>Psi Chi is the National Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. Psi Chi serves two major goals—one immediate and visibly rewarding to the individual member, the other slower and more difficult to accomplish, but offering greater rewards in the long run.</td>
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<td><strong>Psych Club</strong></td>
<td>The purpose of the Psychology club is to create an academic and social environment where members will interact with peers, faculty, and other members of the community to gain a greater understanding of the field of psychology. The Psychology Club at the University of Wisconsin - Madison is an organization that provides help to students interested in psychology to become more involved with the field, the UW Psychology Department, the major and others with similar interests.</td>
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<tr>
<td><strong>Psychiatry Student Interest Group (PsychSIG)</strong></td>
<td>PsychSIG exists to provide information and support to those interested in the field of psychiatry.</td>
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<td><strong>Student Leadership Program (SLP)</strong></td>
<td>The Student Leadership Program strengthens individual leadership skills. We offer opportunities to develop fundamental leadership skills necessary in maintaining successful personal relationships, contributing to campus organizations and citizenship.</td>
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<td><strong>SLATE Association</strong></td>
<td>The mission of the Student Leader and Academic Team of Excellence Association is to provide undergraduate students leadership development opportunities to become “emerging leaders” in his/her community.</td>
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<tr>
<td><strong>Students for Social Welfare</strong></td>
<td>Students for Social Welfare is an undergraduate student service learning organization whose goal is to spread social awareness on campus through guest lecturers and volunteer opportunities.</td>
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<tr>
<td><strong>WUD Alternative Breaks (Alt Breaks)</strong></td>
<td>To provide low cost meaningful service and travel opportunities to all students. Assist students in understanding modern issues in poverty, the environment, gender, and race, as well as make a positive difference in various communities.</td>
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<tr>
<td><strong>WUD Global Connections</strong></td>
<td>The committee strives to foster awareness of global issues and opportunities to students and staff here at UW-Madison through our fun and informative programming.</td>
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*There are over 850 student organizations at UW-Madison, students are encouraged to check out the Wisconsin Involvement Network (www.win.wisc.edu) and the Student Org Fair (held each fall and spring) to look for organizations that suit their interests and include opportunities to become involved.*
CAMPUS RESOURCES

The following are some of the resources found throughout campus and meant to help all students achieve their career goals.

The Exploration Center

Our center is designed to assist students in exploring majors and careers. We help undergraduate students focus on their interests, values, strengths, and personality to give them the tools they need to make decisions about their careers and their futures.

casar.wisc.edu/explorationcenter

L&S Career Services

L&S Career Services assist and support students in exploring their educational goals, learning about academic requirements, navigating the university structure, and progressing toward degree completion.

careers.ls.wisc.edu/students.htm

Morgridge Center for Public Service

UW-Madison's center for public service connects campus with community through service, service-learning, and community-based research to build a thriving democratic society.

morgridge.wisc.edu

International Academic Programs

IAP's Mission is to serve and support UW-Madison academic departments and other units in their internationalization strategies and goals by providing high-quality study abroad opportunities that foster academic development and personal growth in UW-Madison students.

studyabroad.wisc.edu

Center for Leadership and Involvement

CfLI wants to cultivate and engage students through practical leadership skill development and involvement experiences, while aspiring to be the premier center for integrated leadership development and involvement resources for all students.

cfli.wisc.edu

Center for Pre-Health Advising

CPHA works with students preparing for graduate and professional programs in the health sciences: medicine, dentistry, veterinary medicine, physician assistant training, podiatric and optometric medicine, chiropractic, physical therapy, occupational therapy, and accelerated nursing.

prehealth.wisc.edu

Center for Pre-Law Advising

Whether you are currently applying to law schools, intending to apply to law school in the future, or even wondering whether a career in the law might be the right path for you, we would love to meet with you.

prelaw.wisc.edu